

# Consent for Implant Insertion

## Making my choice

I have read or listened to NHS website information, along with the Pulteney Patient Information Leaflet which together have informed me of the many benefits of the contraceptive implant. I have had sufficient opportunity to have my questions answered and time to make a balanced decision. I would now like to have one fitted.

## I am sure I am not pregnant

I understand that a contraceptive implant must not be fitted if there is any chance at all that I could be pregnant. One or more of the following applies to me (please tick any relevant boxes):

	I am on contraception that I have used properly
	I am on a normal menstrual period
	I am not on a period, but I have not had any unprotected sex with a fertile male since my last normal menstrual period
	I had unprotected sex with a fertile male over 28 days ago and haven't had a period since then, so today have done a pregnancy test which was negative.
	I am breastfeeding at least every 4 hours and my baby is less than 6 months old
	I haven't had a period since a termination of pregnancy, but have not had any unprotected sex with a fertile male since then either

## I am aware of the risks

I understand that, as with all contraceptive methods, there is a small possibility (1:1000) that pregnancy can still occur, and I accept this risk.

## Removing or changing my contraceptive implant

I confirm that it is my responsibility to attend for removal of this contraceptive implant at the appropriate time. I understand that the Pulteney Practice will not contact me regarding this but will expect me to attend of my own accord. The contraceptive implant should be changed every 3 years.

I can of course have my contraceptive implant removed any time earlier than that by booking a routine. If I am planning to conceive, I am aware that it is advised for the health of the baby that I should start taking folic acid three months prior to removing the contraceptive implant, and my partner and I should stop any smoking or alcohol habits.

**Print Name**

**Signature**

**Date**